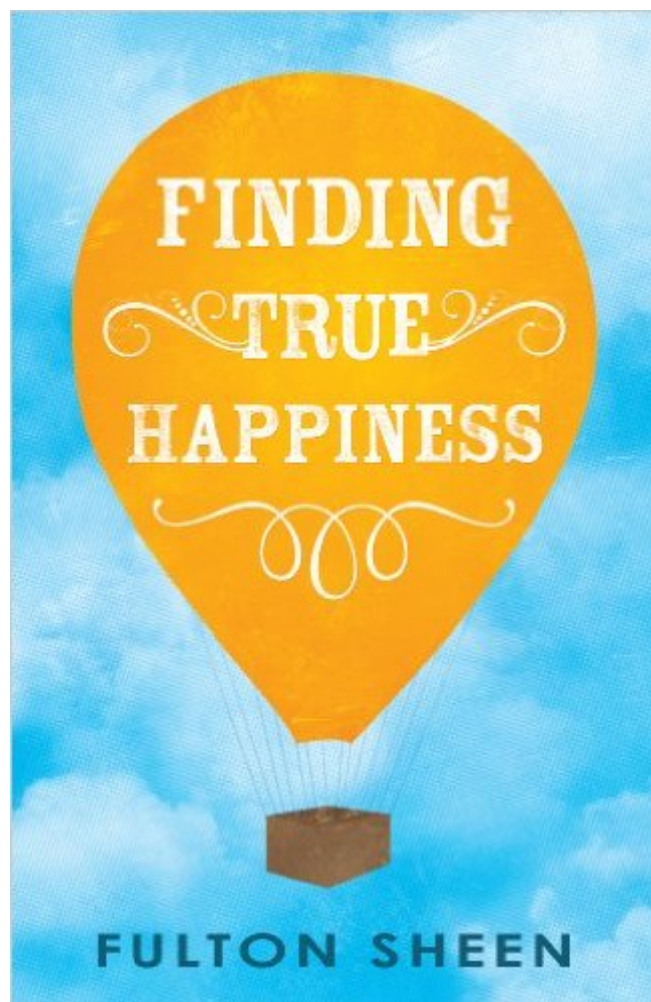


The book was found

# Finding True Happiness



## Synopsis

Are you perfectly happy, or are you still looking for perfect happiness? Most people are still actively searching for true and lasting happiness, but are looking in the wrong places. It's easy to be misled into believing that happiness is found in money, rank, or renown. While these things are not inherently bad, and can in fact be used to do much good, they will, in the final analysis, not bring a happiness that endures. Once we realize that nothing less than a complete union with God will satisfy our souls, we will not let transitory things distract or disappoint us. This is because then, according to Fulton Sheen, you put no more hope in things than they can bear. You cease looking for first-rate joys where there are only tenth-rate pleasures. In addition to addressing the topic of joy vs. pleasure in *Finding True Happiness*, Fulton Sheen also helps us gain the right perspective on things such as loneliness and the secret of sanctity. This brings us to our ultimate purpose, which is found in God alone. Only by losing oneself in God, will we find our true selves-- and true happiness along with it.

## Book Information

Paperback: 80 pages

Publisher: Beacon Publishing; First Edition edition (July 15, 2013)

Language: English

ISBN-10: 1937509370

ISBN-13: 978-1937509378

Product Dimensions: 8.1 x 5.6 x 0.3 inches

Shipping Weight: 2.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars [See all reviews](#) (8 customer reviews)

Best Sellers Rank: #300,196 in Books (See Top 100 in Books) #87 in [Books > Christian Books & Bibles > Catholicism > Self Help](#) #245 in [Books > Health, Fitness & Dieting > Mental Health > Dreams](#) #1547 in [Books > Christian Books & Bibles > Christian Living > Self Help](#)

## Customer Reviews

This is an excellent and inspiring book! It's short and organized into quick chapters so that it's easy for the busy person to read a bit each day. The advice, while founded in very deep theology, is simple and practical. This book truly inspires the reader to focus on what is important in life, to put one's life in order, and to know that happiness and peace are within reach of everyone. I highly recommend it for people of all ages. It's an excellent book to read on your own, or to work on in a group study.

Another great, short book from Bishop Sheen. I enjoy his thoughts on what makes a person happy.

Excellent collection of Fulton Sheen writings. I used this book in prayer at Church. Each week I would read a different chapter. Excellent meditation starter. I love Fulton Sheen's writing style!

This was a Very Inspiring & Reflective Book

[Download to continue reading...](#)

Finding True Happiness The Art of Happiness in a Troubled World (Art of Happiness Book) The Pursuit of Happiness: Ten Ways to Increase Your Happiness (Paul G. Brodie Seminar Series Book 3) El Poder de la alegría - The power of real Happiness: Pequeños detalles que nos cambian la vida - Happiness Factory (LAS CLAVES PARA TENER ÉXITO EN LA VIDA) (Spanish Edition) The Way of Serenity: Finding Peace and Happiness in the Serenity Prayer Mother Teresa's Prescription: Finding Happiness And Peace in Service Beyond Me, My Selfie, and I: Finding Real Happiness in a Self-Absorbed World Catastrophic Happiness: Finding Joy in Childhood's Messy Years The Happiness Hypothesis: Finding Modern Truth in Ancient Wisdom Daring to Be Ourselves: Influential Women Share Insights on Courage, Happiness, and Finding Your Own Voice The Happiness of Pursuit: Finding the Quest That Will Bring Purpose to Your Life Finding Dory Little Golden Book (Disney/Pixar Finding Dory) Finding Dory Big Golden Book (Disney/Pixar Finding Dory) Finding Nemo Big Golden Book (Disney/Pixar Finding Nemo) Living Without Stress or Fear: Essential Teachings on the True Source of Happiness The Materialistic World: How to Escape Materialism, Theory of Materialism, Mindful Living, Living with True Happiness (Get out of Materialism) True Crime Stories: 12 Shocking True Crime Murder Cases: True Crime Anthology, Vol. 1 True Ghost Stories and Hauntings: 10 Spine Chilling Accounts of True Ghost Stories and Hauntings, True Paranormal Reports and Haunted Houses True Crime Stories Volume 3: 12 Shocking True Crime Murder Cases (True Crime Anthology) True Crime Stories: 12 Shocking True Crime Murder Cases (True Crime Anthology)

[Dmca](#)